

• JUICES •

1.95

ENERGY

Spinach, apple, lemon, ginger

DETOX

Beetroot, apple, ginger

ANTIOXIDANT

Mint, carrot, orange, pineapple

JUICE OF THE DAY

• DRINKS •

WATER

1.00 €

SODAS

1.50 €

BEER

2.00 €

• COFFEE •

ESPRESSO

1.00 €

AMERICANO

1.00 €

CAFE LATTE

2.00 €

CAPPUCHINO

2.00 €

Allergens key



Crustaceans



Sesame



Nuts



Gluten



Egg



Fish



Molluscs



Vegetarian



Mustard



Celery



Peanuts



Dairy



Sulphites



Soy



Lupin



MANO'S

— *fast foodies* —

*‘ the letter you
will love to read ’*

PIZZA

MEDIUM: 7.95 / SMALL: 5.95

PEPPERONI 🌾 🥛

Tomato, mozzarella, pepperoni

POLLO 🌾 🥛

*Tomato, mozzarella, chicken, bacon, mushrooms,
red paprika, onion, olives*

4 FORMAGGI 🌾 🥛

Four cheeses

MEXICANA 🌾 🥛

*Tomato, mozzarella, chicken, nachos,
jalapenos, sweet corn*

VEGETARIANA 🌾 🥛

*Tomato, mozzarella, mushrooms, red paprika,
cherry tomatoes, sweet corn, onion, olives*

MARGHERITA 🌾 🥛

Tomato, mozzarella

PROSCUTTO FUNGHI 🌾 🥛

Tomato, mozzarella, ham, mushrooms

HAWAII 🌾 🥛

Tomato, mozzarella, ham, pineapple, sweet corn

STEAK HOUSE 🌾 🥛

*Tomato, mozzarella, beef, truffel oil,
jalapenos, onion, mushrooms*

FITNESS 🌾 🥛

*Tomato, mozzarella, extra chicken, mushrooms,
cherry tomatoes, onion*

**Choose gluten free +1€ * Lactose free cheese choice +1€*

**Extra topping, vegetables 0.50€, meat 1€*

• WRAPS •

4.95

CHICKEN AVOCADO 🌿 🥑

Chicken, avocado, salad, tomatoes, salsa, jalapenos, sweet corn

VEGETARIAN 🌿 🌱

Falafel, hummus, salad, tomatoes, onion, paprika, sweet corn

• SALADS •

4.95

POLLO 🥩

Chicken, tomatoes, nachos, onion, sweet corn, yoghurt sauce

GREEK TUNA 🥩 🐟

Tuna, feta cheese, olives, tzatziki, tomatoes

VEGETARIAN 🌿 🌱

Falafel, tomato, onion, hummus, peanuts, sweet corn

• TOASTS •

4.95

CHICKEN 🌿 🥩 🌱

Chicken, mozzarella, tomato, pesto

TUNA 🌿 🥑 🐟

Tuna, avocado, onion, red paprika

VEGETARIAN 🌿 🥑 🌱

Tomato, mozzarella, pesto

• KIDS MENU •

3.95

PIZZA 🌿 🥑

Ham or margherita

TOAST 🌿 🥑

Ham and cheese

** All go with kids juice*